



# Year 6 Transition Lesson

# Today you can explore...

- A warm up activity to get you energised!
- Physical skills to explore emotion
- Character Building and Improvisation



# Energy!

## Go and Find...

- Something beginning with D
- Something that represents you and why
- Something that represents your mood and why

## Scavenger Hunt

- Write a list of items in your home that start with the letters of D.R.A.M.A
- Give yourself a time limit to collect all these items and make sure its a challenge!
- Play music to build atmosphere and anticipation

# Physical Skills

Using Body language and facial expressions to show emotion..

We are able to communicate emotions by simply changing our body language and facial expressions. For example, if I felt excited, I would throw my hands in the air and jump around with my eyes wide and a big smile on my face but if I felt scared, I would freeze and curl my arms into my body, my mouth would shake and my eyes would be closed.

# Physical Skills

HAPPY	SAD	SUSPICIOUS
ANGRY	BORED	EXCITED

## Time to get practical!

Have a look at the emotions in the table above. Can you use your body language and facial expressions to explore each of these emotions?

- What did you have to change with each emotion?
- What happened to your body language
- What happened to your facial expressions?



# Character Building

Now that you practiced using your Body Language and Facial Expressions, you are now ready to build on your character skills!

Characters feel different emotions to different situations. As an actor, you would use physical skills to explore how that would look in performance. For example, a character that receives good news would respond different to a character that was being accused of a crime!

In Drama we use improvisation to explore different emotions and situations.

**Let's give it a go!**



# Character Building/ Improvisation

Receiving good news	Being accused of lying	Finding a puppy
Finding a secret key	Receiving bad news	Sitting in a long meeting

Using the physical skills you explored with emotion, how would your character react to the situations in the table above?

Explore the scene by improvising a short piece of action, whilst thinking about how your character would react in these situations. Would they be happy? Bored? Sad? Suspicious...?

How does your performance change when your character changes the way he/she feels in that given moment?

Well done!

We hope you have enjoyed your  
introduction to Drama and we  
look forward to seeing you in  
September!

