



Year 6 into Year 7 PE Transition Tasks

Please pick one of the 3 tasks to have a go at!

Option 1 = Pick a lesson from [The Telegraph's 60 minute daily PE lessons](#), these range from Dance, Gymnastics, Fitness Indoor Athletics, Multi-Skills and an Olympic-themed finale. They have been streamed online by Loughborough College!

Option 2 = Create a poster for your favourite sport - aim to make it eye catching and motivate your peers to want to play it with you.

Option 3 = Draw out your 11-a-side premier league dream team (current players and legends) and complete the tasks below: *Beside each player write down their biggest strength and their biggest weakness (e.g speed, strength, agility etc), who would be your manager and why (what leader traits do they have), finally who would be your captain and why would they be a good leader?*

