Tring School

CEO of the RLP: Mrs Susanna Collings BSc(Hons), MA
Head of School: Mrs Sally Ambrose BA(Hons), NPQH
Mortimer Hill   Tring   Herts   HP23 5JD

RIDGEWAY
LEARNING PARTNERSHIP
Company No. 8056991

13 March 2020

Dear Parent/Carer

As you may be aware, on Friday 27 March 2020, the whole school will be taking part in the Mason Mile. This is part of the Head Student team's project of improving health within the school as a whole.

The Mason Mile is a simple mile walk, which will be accessible for all students and staff, with the exception of those with mobility issues. Students will walk the mile with their tutor group and teamwork and a positive sense of community will be encouraged. Students will receive a wristband on completion of the mile.

In addition, on the day there will be various wellbeing activities available such as smoothie bikes and a wellbeing station. There will be visitors giving talks on how to make sure your mental wellbeing is looked after and how to make exercise simple and fun. The event will take place during period 5 and the lessons on this day will be condensed to 50 minutes which will ensure minimal curriculum impact.

The Mason Mile is likely to go ahead in any weather situation. Therefore, on the day of the Mason Mile, please can you ensure your child brings in a waterproof coat as well as suitable footwear. We suggest trainers that you don't mind getting muddy. These can be changed into for period 5 and students should wear normal school shoes for the rest of the day.

We are also aware that some students may not be able to take part for various reasons, such as having an injury. If that is the case for your child, please email Abbie at a13astier@tringschool.org and let her know. Abbie will assign your child a different role such as being a marshal.

Thank you for your cooperation. We are very excited about this event, which will ultimately help to raise the physical fitness and wellbeing of all students.

Yours faithfully,

The Head Student Team